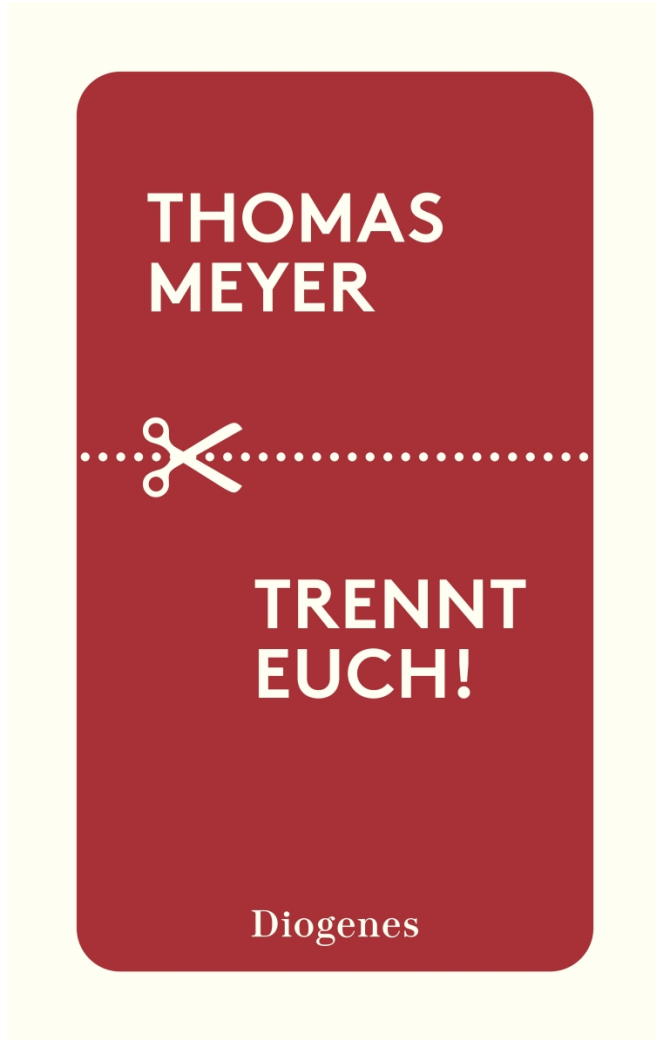


Thomas Meyer
Break Up!

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Book factsheet

Psychology, Contemporary Literature
144 pages
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Contact:
Susanne Bauknecht, Rights Director,
susanne.bauknecht@diogenes.ch and Suzanne
Hégelé, Film Rights Manager,
suzanne.hegele@diogenes.ch

 **Bestseller**

Swiss Bestseller

 **Award**

2020 *Wolkenbruchs waghalsiges Stelldichein mit der Spionin* in der Kategorie ›Beste Unterhaltung‹ auf der Shortlist für den ›Deutschen Hörbuchpreis‹

A book about incompatible relationships and their well-earned endings. Thomas Meyer's controversial polemic: »Four out of five relationships ought to be ended right away.«

Most relationship advice books recommend fighting to hold on to a partner. But according to Thomas Meyer's provocative theory, the majority of couples are unhappy – and ought to break up. Life is too short to suffer for no good reason.

With razor-sharp analysis and great empathy, Meyer describes all the phases of ending a relationship (the agonizing time before the break-up, the separation itself, and what comes afterwards), emboldening readers to take a mindful approach to their own needs.

1. It works, or it doesn't work.
2. It usually doesn't work.
3. If it doesn't work, it'll never work.
4. If it doesn't work, you'll suffer.
5. If you suffer, you have to leave.
6. Life is very short

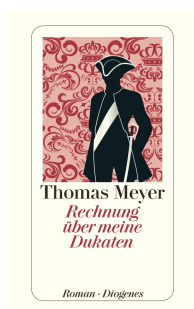


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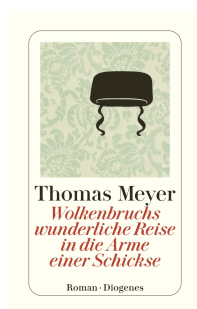
Thomas Meyer, born in Zurich in 1974, quit his legal studies to work as a journalist and as a copywriter in the advertising industry. In 2007, he went freelance as an author and copywriter. His novel *Volkenbruch's Weird and Wonderful Journey into the Arms of a Shiksa* became a bestseller and its movie adaptation was a big hit in Swiss cinemas in 2018. Thomas Meyer lives in Zurich.



*Wolkenbruch's Reckless
Rendez-Vous with the
Seductive Spy*
288 pages
2019
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*The King Was in His
Counting House*
272 pages
2015
📌 Bestseller



*Wolkenbruch's Weird and
Wonderful Journey into
the Arms of a Shiksa*
288 pages
2014
📌 Bestseller