Diogenes

Book factsheet

Katja Früh
Perhaps That's How Love Is

Published by Diogenes as *Vielleicht ist die Liebe so*
Original title: *Vielleicht ist die Liebe so*



»The appointment is on the 18th of February at four! Make a note!« says Anja's mother, before continuing to slurp down her wonton soup. She's referring to neither a hairdresser or dentist appointment, but her own demise. Anja, in her late thirties, a former actress and now barkeeper, is thrown off her already-shaky life path by this announcement, even though her relationship with her strong-willed mother has always been complicated. She continually struggles to keep her distance, to lead her own life, have her own loves. What is expected of her now, and what does she expect of herself? And what will happen to her mother's dog?

Contemporary Literature
304 pages
11.6 × 18.4 × 2.4 cm
November 2025

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Praise

Perhaps That's How Love Is

»Katja Früh finds an entirely new perspective on the eternally complicated topic of mother and daughter [...]. What a debut!« – Elke Heidenreich

»Anyone who likes Martin Suter's books will love this mad story.« – Christiane Graeben / Emotion, Hamburg

»I'm standing here with a wide grin in my face, because what happens in this book is just magnificent.« – Christine Westermann / WDR2, Cologne

»Using these ingredients, the author takes us on a wild, absurd and comical ride to storm through the book's pages.« – Katia Schwingshandl / Superfly.fm, Vienna

»The book blew me away and I think it's fantastic.« – Elke Heidenreich / WDR4, Cologne

»Katja Früh describes her characters so vividly, you'd love to spend time with them.« Britta Spichiger / SRF Kultur, Zurich – Britta Spichiger / SRF Kultur, Zurich

Katja Früh

»Früh writes with a sharp tongue and an incisive gaze.« – Andrea Vogel / Schweizer Illustrierte, Zurich



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Katja Früh, born in 1953 in Zurich, is a screenwriter and director. After training as an actress in Berlin, in 1978 she began to write and direct for the theatre. From 1980 onwards, she worked for the Swiss radio station DRS, produced shows for TV (including the series *Lüthi und Blanc*, which ran for 10 years) and also collaborated on projects with Martin Suter and Patrick Frey. Since 2014 she has been writing a regular column for the *Tages-Anzeiger* magazine. *Perhaps That's How Love Is* is her first novel.



Long Live Life
320 pages
2027