

# Diogenes

## Bas Kast *A Summer's Tale*

Published by Diogenes as *Das Buch eines Sommers*  
Original title: *Das Buch eines Sommers*



## Bas Kast *Das Buch eines Sommers*

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## Book factsheet

Philosophy, Contemporary Literature  
240 pages  
11.6 × 18.4 × 1.9 cm  
October 2020

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### Bestseller

Spiegel Bestseller

### Praise

*A Summer's Tale*

»Counselling can be compelling too.« – Gala, Hamburg

»In his novel *One Summer's Book*, Bas Kast tells of Nicolas's search for himself, among life's constraints and buried dreams.« – Stern, Hamburg

»A summer's tale, but one to be enjoyed in autumn too.« – Jutta Duhm-Heitzmann / WDR3, Cologne

»Bas Kast's voice is so fresh, lively and carefree that this book – a reminder of what really matters – is a delight.« – Britta Heidemann / Westdeutsche Allgemeine Zeitung, Essen

»But one can practise reflection. And the reading of this enchanting book is a good starting point.« – Nils Minkmar / Spiegel Bestseller, Hamburg

»It [the book] doesn't supply easy answers to life's great questions. But it does make you think, and the uplifting story is a joy to read.« – Johannes Simon / WDR, Cologne

»Bas Kast has achieved the masterful feat of making something complex feel light.« – Manuela Haselberger / Freie Presse, Chemnitz

In what was meant to be the best summer of his life, Nicolas had a dream. He wanted to become a writer, like his uncle. Then life got in the way - as did his father's company, responsibility, meetings and all sorts of obligations. When his uncle died, Nicolas lost the only person who believed in him. But then, in the most unlikely of places, he found the key which helped him to become who he really is.

»Why do so many of us stumble at the task which should actually be the most important one of our lives — to become who we are?«

Bas Kast



Bas Kast, born in Landau in 1973, wanted to become a neuroscientist, but dedicated himself to writing instead. He went to school in Utrecht, Munich and California, studied psychology and biology in Constance and Bochum, as well as with Marvin Minsky at MIT in Boston. His book *The Diet Compass* was named ›Science Book of the Year 2018‹ by the German magazine *bild der wissenschaft*. Bas Kast lives with his family in Rottendorf, Bavaria.